



ANCHORED

at **BIG CAMP**
2025



ANCHORED

ANCHORED is a yearly opportunity for training and equipping that will deepen your relationship with God and strengthen your ability to serve and thrive within your local community.

In 2024 we had our inaugural ANCHORED convention. This year, ANCHORED equipping happens during Big Camp. In 2026 we will have our next ANCHORED Convention on the weekend of March 14-16.

ANCHORED for High School students

REAL TALK 9:30 - 10:30am | Sun - Thu

Walking with Jesus and growing in him takes place in the real world where issues, crises, stresses, questions and problems abound. Real Talk gives a space for sharing and exploring how to navigate this world. God has what we need for whatever we may face and Real Talk helps connect us to his resources and power.

ANCHORED for young adults

CRUCIAL CONVERSATIONS 10:30am - 12pm | Mon, Wed, Thu, Fri

How do we navigate the difficult realities of life with the ideals of Christianity? How do we live out our faith in a way that isn't embarrassing? What does truth look like in a post-truth world? Is having depression or anxiety a lack of faith? Join us as we have crucial conversations for a healthy church.

ANCHORED for all adults

	9AM - 10:15AM	10:45AM - 12PM OPTIONS	AFTERNOON OPTIONS
MONDAY 13TH	<i>Big Tent</i> Keynote #1	<i>Big Tent</i> IOW #1	<i>Old Camp Office</i> 2 - 4:30pm MHFA
			<i>Big Tent</i> 2 - 4pm ADRA
TUESDAY 14TH	<i>Big Tent</i> Keynote #2	<i>(The Big Quiz in the Big Tent)</i>	<i>Café Tent</i> Pr Ray & Chantal Moaga + Dr Paul Bogacs
			<i>Café Tent</i> 2 - 3:30pm Elia Wellness
			<i>Off Campus</i> 2:15 - 3:30pm Adventure #1
			<i>Old Camp Office</i> 2 - 4:30pm MHFA
WEDNESDAY 15TH	<i>Big Tent</i> Keynote #3	<i>Big Tent</i> IOW #2	<i>Big Tent</i> 2 - 4pm ADRA
			<i>Café Tent</i> Pr Leighton & Ali Heise
			<i>Café Tent</i> 2 - 4:30pm Chantal Moaga
			<i>Off Campus</i> 2:30 - 4pm Adventure #2
THURSDAY 16TH	<i>Big Tent</i> Keynote #4	<i>Big Tent</i> Men's Workshop	<i>(Fair Day on the field)</i>
		<i>Café Tent</i> Women's Workshop	
FRIDAY 17TH	<i>Big Tent</i> Keynote #5	<i>Big Tent</i> IOW #3	<i>Old Camp Office</i> 2 - 4:30pm MHFA
		<i>Café Tent</i> Pr Victor Kulakov	<i>Café Tent</i> 2 - 3:30pm Elia Wellness
		<i>High School Tent</i> Dr Paul Bogacs	<i>High School Tent</i> 2 - 3:30pm Dr Paul Bogacs

Keynote Sessions | 9am - 10:15am

All Keynote Sessions take place in the Big Tent

RIVERS IN THE WILDERNESS | Pr Ben Martin Monday 13th

In Isaiah 43:19 God says "I am about to do something new. See, I have already begun! Do you not see it?" What does that look like in our day, and what might cause us to miss what God is doing - or wants to do?

THREADS OF GRACE | Pr Younis Masih Tuesday 14th

This presentation offers a grand view of God's relentless love and His masterful design to restore a broken world. Through a linear exploration of biblical stories and timelines, we will witness how God has continually revealed His grace and love throughout history. Let's delve into Scripture to uncover how God's thread of grace weaves our lives into His eternal plan. This journey invites us to see how God's transformative work brings hope, healing, and the promise of a new beginning for us and the people God asks us to serve.

WHY IS THIS SO HARD? | Pr Luke Steen Wednesday 15th

How do we undermine God's mission without even realising it, and what can we do about it?

LIFE GROUPS | Pr Leighton Heise & Chantal Moaga Thursday 16th

Be-ing in relationship with God, others and self is our response to Jesus' great love command of Matthew 22:37. So what is Plan Be? What is a life group? How do I start one? How could I even begin, I'm no expert?! How do I re-start or reignite and resource my existing life group? Our workshop will tackle these questions while wrestling with truth, honesty and practicality in the many forms that life groups can take. There is no 'one-size-fits-all' when it comes to life groups, and that is good news! Join us as we discuss and share and learn more about doing life together!

DISASTER READY COMMUNITIES | Sally Lavea & Luana Tupou Friday 17th

When disasters strike, it's the strength of a community that makes the greatest difference. Are you ready to play your part in building a connected and prepared community? This session emphasises the power of working together before, during, and after a crisis. Learn how churches and communities can foster unity, save lives, and reduce suffering through proactive planning and collaboration. Together, let's prepare to be a beacon of hope, strength and resilience for our communities.

Workshop Options | 10:45am - 12pm

MONDAY 13TH

BIG TENT

WHY SO MUCH VARIETY IN TODAY'S CHRISTIAN WORSHIP?

IOW Workshop #1 | Dr Lyell Heise

Further information on page 11.

CAFE TENT

COMMUNICATING COUPLES

Pr Ray & Chantal Moaga + Dr Paul Bogacs

This workshop will tackle the topic of communication within relationships, and how we can use it effectively to make our connections deeper and so much greater. We'll discuss styles of communication, blockages within communication and provide a variety of resources for you to feel equipped, informed and maybe even excited to embark on a journey of positive and clear communication with your loved ones!

WEDNESDAY 15TH

BIG TENT

LIFT EVERY VOICE: THE POWER OF CONGREGATIONAL SINGING

IOW Workshop #2 | Benjamin Milis

Further information on page 11.

CAFE TENT

HAVING DIFFICULT CONVERSATIONS WITH YOUR TEEN

Pr Leighton & Ali Heise

This is an anti-workshop. There are no experts on this topic, just learners. Instead, we will share from personal stories what has and has not worked for us; it is a safe space to share from honest conversations together. Leighton will share a research-based template for having the difficult conversations, and Ali will reflect on insights gained from working in the teenage wellbeing space. Let's learn together.

THURSDAY 16TH

BIG TENT

MEN'S WORKSHOP | GODLY MASCULINITY

Dr Paul Bogacs

In an age where there are so many public examples of toxic masculinity, it can feel almost unsafe to be a man. This workshop will explore healthy manhood, what it means, what it entails and what it must avoid.

CAFE TENT

WOMEN'S WORKSHOP | IDENTITY

Chantal Moaga

Join us for an intimate time of sharing, reflection and truth as God reveals himself and your true worth and value to you! Through biblical stories, personal stories and discussion you'll be amazed at the ways that God is daily shaping and molding you, and how much more he has in store for you.

Workshop Options | 10:45am - 12pm

(Continued)

HIGH SCHOOL TENT
CAFE TENT
BIG TENT

FRIDAY 17TH

THOUGHTFUL WORSHIP | THE ART OF INTENTIONAL PLANNING

IOW Workshop #3 | Benjamin Millis

Further information on page 11.

BEING EFFECTIVE IN YOUR LOCAL COMMUNITY

Pr Victor Kulakov

Discover how your church can better understand and meet the real needs of your community. This workshop provides practical strategies for building meaningful relationships, fostering collaboration with local communities, and creating impactful projects. Learn how Christ's method of personal ministry can transform lives and bring lasting change. Join us to explore proven approaches that empower your church to connect, serve, and grow in influence.

WHAT DOES YOUR PARTNER WANT FROM YOU?

Dr Paul Bogacs with Ali Heise and Chantal Moaga

Based on social science research and clinical experience combined with biblical principles and life learnings, Paul, Chantal and Ali will present some extra perspectives on building a satisfying marriage that you may not have thought of.

Workshop & Activity Options | Afternoons

MON, TUE, WED, FRI | 2 - 4:30PM



MENTAL HEALTH FIRST AID (MHFA) TRAINING

Adventist Health | Adrielle Carrasco

Are you prepared to make a difference in someone's life? Our Mental Health First Aid course equips you with the essential skills to provide immediate assistance to individuals experiencing mental health crises and challenges.

Please note that the MHFA training has limited places which have been mostly filled during Big Camp registration. For those who participate in MHFA training, no other afternoon options are available to them as they need to attend all sessions of this training. If you would like to register or de-register for MHFA, please visit the Camp office **before the first session starts** on Monday.

MHFA Training will take place in the **old Camp Office** - this is the building between the Big Tent and the main gravel carpark, near the Security Office.

MONDAY 13TH

DISASTER READY COMMUNITIES (DRC) | 2 - 4PM

ADRA Workshop | Luana Tupou

The DRC workshop unpacks the importance of disaster preparedness and why we as people of faith have a vital role to play. Through real-life examples and practical insights, you'll discover how proactive planning and community action can save lives, reduce suffering, and build resilience.

Join us to explore how you and your church can make a difference, with practical steps to prepare for the unexpected. Together, let's be ready to serve and strengthen our communities in times of need.

LET'S TALK ABOUT MENTAL HEALTH! | 2 - 3:30PM

Elia Wellness Workshop | Geraldine Przybylko

In a recent survey, 50% of New Zealanders reported having felt severely stressed and/or depressed in the past year. Learn Biblical and scientific insights on mental health and simple coping strategies to improve your mental health and share with others.

TRAVIS WETLAND WALK | 2:15 - 3:30PM

Time for some fresh air! Meet by the picnic bench at the carpark (Travis Walk, 311 Mairehau Road, Parklands) by 2:15pm to enjoy the fellowship of a good walk in nature together. This is a flat track which will take about an hour to complete.

OFF CAMPUS
CAFE TENT
BIG TENT

Workshop & Activity Options | Afternoons

(Continued)

TUESDAY 14TH

BIG TENT

COMMUNITY TRANSFORMATION PARTNERSHIPS (CTP) | 2 - 4PM

ADRA Workshop | Sally Lavea

Are you passionate about making a difference in your community? Do you have a vision for 2025 but need guidance, funding, or support to bring it to life? Join us to learn how you can partner with ADRA through the CTP programme!

Be inspired by stories from across New Zealand, gain valuable one-on-one mentoring, and access funding and resources to turn your vision into action. Whether you're new to the process or seeking extra support, this workshop is your chance to connect, learn, and grow. Let's work together to transform communities and create meaningful change.

CAFE TENT

NEW STRESS MANAGEMENT PROGRAMME - BECOME AN ELIA WELLNESS FACILITATOR | 2 - 3:30PM

Elia Wellness Workshop | Geraldine Przybylko

De-stress and Thrive is a 6-week programme that will help you develop emotional intelligence and resilience so you can buffer the stress of life. It offers simple solutions for complex problems and shares principles and skills applicable to most stressful situations. Go through the training so you can run this free programme in your community.

HS TENT

ANOTHER LOOK AT FAITH | 2 - 3:30PM

Dr Paul Bogacs

In this workshop Paul will be suggesting that there may be a few other helpful lenses through which to examine the Christian faith experience. Drawing on his recent PhD research in the psychology of religion, questions such as 'Is all faith equal?', 'Is doubt always bad?' and 'How might we recognise more mature faith' will be raised for discussion.

WEDNESDAY 15TH

BIG TENT

COMMUNITY TRANSFORMATION PARTNERSHIPS (CTP) | 2 - 4PM

ADRA Workshop | Sally Lavea

Repeated workshop from Tuesday; see Tuesday's description.

CAFE TENT

WOMEN'S WORKSHOP - MAKING SPACE | 2 - 4:30PM

Chantal Moaga

This women's ministries workshop session will be a time for honesty, authentic sharing and reflection. We'll be discussing why society encourages us to rush through life, and how as women, we can actively and purposefully SLOW DOWN! We'll tackle this concept with practical ways to slow down, discussion about listening to God's voice and spirit, along with fun and sharing along the way! After the discussion we'll enjoy some afternoon tea and a paint and fellowship session together.

OFF CAMPUS

DISC GOLF | 2:30 - 4PM

Time for an adventure! Meet up at the Jellie Park Disc Golf Park (295 Ilam Road, Burnside) by 2:30pm. BYO disc if you have one, and we'll have some extra for those who don't. Even if you've never tried it, come along and give it a go!

FRIDAY 17TH

BIG TENT

ELIA WELLNESS HUBS AND PROGRAMMES | 2 - 3:30PM

Elia Wellness Workshop | Geraldine Przybylko

We have 120 ELIA Wellness Hubs across Australia and New Zealand. Learn how Community Champions and team can facilitate your church or school to become an ELIA Wellness Hub and connect with the community to bring health, healing and hope like never before.

CAFE TENT

WHAT ABOUT GUILT? | 2 - 3:30PM

Dr Paul Bogacs

Is guilt always bad for you? Are some types of faith associated with greater levels of guilt? Is there such a thing as healthy guilt? Following on from Tuesday's workshop, Paul will continue to present some result of his recent research findings.



GUEST WORKSHOP FACILITATORS

Dr **Geraldine Przybylko** is currently is the Executive Director of ELIA Wellness and the South Pacific Division Health Strategy Leader for the Seventh-day Adventist Church and is on the Adventist HealthCare Limited Board of Directors. Her doctorate was in Lifestyle Medicine and Mental Health with a focus on what it takes to flourish. She is passionate about empowering people to live their best life.



Chantal Moaga is a teacher, wife, mother and committed follower of Jesus. She is so excited to come back to Christchurch, a place that she still considers 'home', and looks forward to sharing what God has placed on her heart for the women, couples and families of South NZ.

Dr **Paul Bogacs** has a long history of being involved in the people business. After some years in pastoral youth ministry, Paul completed training in Marriage and Family Therapy and transitioned into counselling and the training of counsellors. He has been the head of counselling education at Avondale University since 2013. He has recently completed his PhD in the Psychology of Religion.



Ali Heise's ministry mantra has always been, "Where can I help?". Recently this has led to counselling and coaching conversations in the well-being offices of our high school. She is formally trained in education, music and Bible, and her career as a mother has led to powerful practical insights in the teenage arena.

Luana Tupou is the Disaster Ready Church Programme Coordinator for ADRA NZ. Luana is deeply passionate about equipping and empowering church members to be disaster-ready, ensuring they are prepared to support their families, congregations, and communities in times of crisis.



Sally Lavea is the National Programme Manager at ADRA. Guided and driven by her faith, Sally is passionate about empowering church members to utilise their unique gifts to connect with and serve their communities, driving positive change and fostering lasting transformation.

You can find the bios for Pr Ray Moaga and Pr Leighton Heise in the accompanying Big Camp Booklet on page 10.



Also facilitating workshops are our very own pastors, Pr Ben Martin, Pr Younis Masih, Pr Luke Steen, and Pr Victor Kulakov.

INSTITUTE OF WORSHIP WORKSHOPS

WORKSHOP PRESENTERS



Dr **Lyell Heise** is the founder and director of The Institute of Worship. The Institute of Worship has supported and mentored church worship leaders and musicians across the South Pacific Division since 2004. Dr Heise retired from the Seminary at Avondale University in 2015 with over 50 years of experience as a pastor, worship leader, musician, and seminary lecturer. He continues to volunteer in directing The Institute of Worship.



Mr **Benjamin Milis** is a music and education graduate of Avondale University and Sydney University. He teaches music at St Andrew's Cathedral School in the heart of Sydney. He is founder and artistic director of the highly successful SING SERIES concerts held several times a year in Wahroonga Adventist Church. Benjamin has led worship and conducted music and worship seminars across Australia and NZ.

WORKSHOP CONTENT

The workshops are directed at the needs of pastors, worship leaders, musicians, and anyone interested in developing their understanding of an inclusive and engaging Adventist worship experience.

Dr Heise will commence the series on Monday. He will offer an overview of the changing culture since the time of Jesus and the apostles, and begin the fascinating conversation about issues in worship and music.

Benjamin Milis will lead the conversation at the Wednesday and Friday seminars. He will reflect on worship in the Biblical era, and apply these insights to choices that need to be made by worship leaders, musicians, and worshippers in the congregation as they seek to honour God, and create an Adventist worship culture encouraging participation by both young and old.

Ben and Lyell will present a series of three workshops, on Monday, Wednesday and Friday, at 10.45am in the Big Tent.

Lyell Heise SESSION ONE

Why So Much Variety in Today's Christian Worship?

Benjamin Milis SESSION TWO

Lift Every Voice: The Power of Congregational Singing

Benjamin Milis SESSION THREE

Thoughtful Worship: The Art of Intentional Planning



ANCHORED 2026

Adventist Leadership & Discipleship Convention | 13-15 March 2026 | Save the Date

Seventh-day Adventist Church *South New Zealand*